



LOCATION:

Embassy Suites Omaha-Old Market
555 South 10th Street
Omaha, Nebraska 68102

HOTEL RESERVATIONS:

go.unl.edu/dbh2019-rooms

REGISTER ONLINE:

go.unl.edu/dbh2019-register

REGISTRATION:

\$100* (EARLY) - Ends July 11

\$120* (GENERAL) - Begins July 12

FOR MORE INFORMATION:

go.unl.edu/DBH2019

**CONTACT US WITH
QUESTIONS:**

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**UNIVERSITY OF
Nebraska** | PUBLIC POLICY
CENTER
215 Centennial Mall South • Suite 401
P.O. Box 880228
Lincoln, NE 68588-0228

REACHING OUT TO RESPONDERS

17th Annual

Great Plains
Disaster
Behavioral
Health
Conference

JULY 26, 2019

EMBASSY SUITES - OMAHA
555 SOUTH 10TH ST. (68102)
(402) 346-9000

2019 GREAT PLAINS DISASTER BEHAVIORAL HEALTH CONFERENCE

OMAHA
**JULY 26
2019**
NEBR.

Reaching Out to Responders: Stress First Aid

WELCOME

Our focus is on learning how to prepare and respond to the psychological effects of disaster and mass casualties.

Who should attend:

Behavioral health professionals, public health officials, emergency managers, nurses, clergy, and disaster responders.

CONFERENCE THEME

Stress First Aid: Focusing on skills and techniques for serving first responders.

ACKNOWLEDGEMENTS

We would like to thank the Nebraska Department of Health and Human Services, Nebraska Department of Correctional Services, Bryan Health, and the Omaha Metropolitan Healthcare Coalition.

OBJECTIVES

- Describe the role of behavioral health professionals in working with responders.
- Identify how behavioral health professionals and peers provide support to responders.
- Discuss the ethical implications of providing Stress First Aid.
- Explain the benefits of Stress First Aid in promoting community wellness.

Application has been made for 6.25 hours of APA Continuing Education.

To learn more about Great Plains Disaster Behavioral Health, visit:
www.disastermh.nebraska.edu

UNIVERSITY OF
Nebraska
PUBLIC POLICY CENTER

CONFERENCE SCHEDULE

MORNING

- 8:00–8:30 • Registration
- 8:30–10:30 • Introduction to the Stress First Aid Model
- 10:30–10:45 • **MORNING BREAK**
- 10:45–12:00 • Check & Coordinate
- 12:00–1:15 • **LUNCH** (on your own)

AFTERNOON

- 1:15–2:15 • Cover & Calm
- 2:15–3:15 • Connect & Competence
- 3:15–3:30 • **AFTERNOON BREAK**
- 3:30–4:30 • Confidence Educational Format, Curbside Manner
- 4:30–4:45 • Wrap Up



FEATURED SPEAKER

Patricia Watson, Ph.D.

Senior Educational Specialist for the National Center for PTSD,

Assistant Professor of Psychiatry at the Geisel School of Medicine at Dartmouth.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC sponsors this event and maintains responsibility for this program and its content.