

General Information

Location: Embassy Suites Hotel Omaha
Downtown/Old Market
555 South 10th Street
Omaha, Nebraska 68102

Target Audience: Psychiatrists, Psychologists, Social Workers, Mental Health Care Providers, Public Health Officials, Nurses, Clergy, Emergency Managers and First Responders.

Registration Information: The fee to attend this conference is \$40 for one day or \$75 for both days if received by **June 19, 2007**. Any registrations received after that date will be charged \$50 for one day or \$85 for both days. Register online at:

<http://www.disastermh.nebraska.edu>

Full payment is due upon receipt of registration invoice via check or money order. **Make Checks and money orders payable to the BryanLGH Foundation.**

Cancellation Policy: A written request must be received **no later than July 3, 2007** to receive a full refund. **There will be no refunds after the deadline.**

Credit: JULY 12- Application has been submitted to the National Board for Certified Counselors. Application for contact hours has been made to the Nebraska Nurses Association, an accredited provider, by the American Nurses Credentialing Center's Commission on Accreditation. Programs approved by the Nebraska Nurses Association are acceptable for continuing education for clinical psychologists by the state of Nebraska. Request for continuing education hours has been submitted to Nebraska Psychological Association for licensed psychologists. Application has been submitted to the Nebraska Department of Licensure for Drug and Alcohol Counselors. This program meets the criteria for an approved continuing education program for Nebraska Licensed Mental Health Practitioners.

Credit: JULY 13- **This training day is only open to licensed mental health clinicians with a background in Cognitive-Behavioral Therapy.** The Nebraska Psychological Association (NPA) is an American Psychological Association approved continuing education provider. NPA has approved this conference for 7.0 Continuing Education Credits for licensed psychologists. Continuing education credits are also available for licensed mental health practitioners, social workers, and marriage and family therapists. Application has been submitted to the Nebraska Department of Licensure for Drug and Alcohol Counselors. Application has also been submitted to the National Board for Certified Counselors.

Participant Responsibilities: Participants who sign in as specified at the start of the educational activity, remain throughout the educational activity, complete an evaluation, and are present at the end of the activity, will receive a certificate of completion.

Hotel Reservations: A room block has been secured for guests wishing to stay overnight at the Embassy Suites Hotel. Guestrooms are available at the rate of \$142 single/\$147 double occupancy. To make your reservation call (800) 362-2779 or (402) 346-9000 and request the **Nebraska Disaster Behavioral Health** block or register on-line at www.omaha.embassysuites.com using group code **NED**. Reservations under the Nebraska Disaster Behavioral Health Conference will be held *until June 19, 2007*. *Please secure your reservation today* to ensure availability at the reduced rate.

Parking: **Complimentary parking** is available to anyone staying at the hotel. City parking lots across the street from the hotel charge \$3.00/day. Valet service parking is available to anyone with a handicap parking sticker. Please indicate when you register if you plan to use the handicapped parking service.

For more information, contact Cynthia Woollam:
(402) 472-5678 or cwoollam@nebraska.edu.

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NEBRASKA DISASTER BEHAVIORAL HEALTH CONFERENCE JULY 12, 2007

ADVANCED COGNITIVE BEHAVIORAL THERAPY (CBT) CLINICAL WORKSHOP JULY 13, 2007

Embassy Suites
Hotel
555 South 10th Street
Omaha, NE

University of Nebraska Public Policy Center
c/o Cynthia Woollam
121 South 13th St., Suite 303
P.O. Box 880228
Lincoln, NE 68588-0228

Conference Faculty

Shawn Cahill, Ph.D.

Assistant Professor of Clinical Psychology in Psychiatry
University of Pennsylvania

Dr. Cahill works with the University of Pennsylvania's Center for the Treatment and Study of Anxiety. He has extensive experience in research evaluating the efficacy of psychological and psychiatric treatments of anxiety disorders, particularly emphasizing posttraumatic stress disorder (PTSD). He has authored over 40 published scholarly papers and book chapters on topics related to the nature and treatment of pathological anxiety.

Robin Gurwitch, Ph.D.

Professor, Department of Pediatrics
University of Oklahoma Health Sciences Center

Dr. Gurwitch is a co-investigator with the Terrorism and Disaster Center of the National Child Traumatic Stress Network and a member of the Substance Abuse and Mental Health Services Administration's (SAMHSA) cadre of experts on disaster mental health. She is the Program Coordinator for the newly established National Center for School Crisis and Bereavement.

Margaret Samuels, MSW, LCSW

Deputy/Managing Director
Center For Child and Family Health
Duke University Department of Psychiatry

Ms. Samuels serves as a staff/consultant for Physicians for Human Rights in Bosnia, Kosovo and Iraq. She is responsible for staff training, staff support and dealing with vicarious trauma and compassion fatigue and managing secondary stress in field staff. She recently participated in a conference in Guatemala to draft the minimum mental health standards for victim and families of forced disappearances, mass graves, identifications and exhumations.

Keith Hansen

Pandemic Influenza Outreach Coordinator
Center for Biopreparedness Education

Mr. Hansen coordinated the creation and implementation of Nebraska's Strategic National Stockpile Plan. He has expertise in exercise development and implementation, and the coordination of both public health and medical disaster responses in conjunction with the Nebraska Emergency Management Agency. He currently provides training and education in the areas of pandemic influenza and business continuity.

Debbie Sheehan, MA

Director of Formation and Education in Sexuality
Archdiocese of Omaha

Ms. Sheehan is both a spiritual and retreat director and has developed and implemented programs to help adults deepen their understanding of the connections between spirituality and sexuality. She also serves as adjunct faculty in the Graduate School at Creighton University as a lecturer in the Christian Spirituality Program.

John Sheehan, MBA, FACHE

Director
Douglas County Mental Health Center

Mr. Sheehan has been a hospital administrator for 34 years. He served as a consultant to the Department of Defense and Department of State regarding resource requirements to support treatment of victims of nuclear testing in Kazakhstan.

Conference Schedule

Thursday, July 12, 2007

Morning Session

8:30-9:00	Registration and Check in
9:00-9:15	Introduction and Opening Remarks: Scot Adams, Ph.D. Director, Department of Health and Human Services, Behavioral Health Division
9:15 - 10:15	Keynote: <i>Evidence-Based Treatment for Posttraumatic Stress Disorder: Preparing for the Aftermath of Disaster</i> Shawn Cahill, Ph.D.
10:15-10:30	Break
10:30-11:30	<i>Understanding and Responding to the Needs of Children After Disaster/Trauma</i> Robin Gurwitch, Ph.D.
11:30- 1:00	Lunch on own

Afternoon Session

1:00-2:00	<i>Staff Self-Care</i> Margaret Samuels, MSW, LCSW
2:00-3:00	<i>Chicken COOP: How Do You Continue Operations During a Pandemic?</i> Keith Hansen
3:00-3:15	Break
3:15-4:15	<i>The Nuclear Milieu: An Experiential Look</i> John Sheehan, MBA, FACHE Debbie Sheehan, MA
4:15-4:30	Turn in program evaluations and receive certificates

Conference Purpose:

Recognize and prepare to respond to the psychological effects of disaster.

Conference Objectives

- Recognize the symptoms of posttraumatic stress disorder (PTSD) and describe the differential prevalence of PTSD following various types of trauma and describe the phenomenon of natural recovery following exposure to trauma.
- Describe current evidence-based psychological and pharmacological treatments for PTSD and recognize limitations of these treatments.
- Discuss the implications of data related to the differential prevalence of PTSD following various types of trauma, the phenomenon of natural recovery, and both the efficacy and limitations of current evidence-based treatment (psychological and pharmacological) for the development of plans for provision of mental health services in the aftermath of disaster.
- Describe common reactions of children after disaster or trauma.
- List at least two factors that can impact healing and recovery.
- Discuss at least two ideas that can improve outcome and build resilience in children after disaster/trauma.
- Identify and define compassion stress and fatigue.
- Identify and define vicarious and secondary trauma.
- Define strategies to ameliorate the effects of experiences during mass casualty and disaster.
- Identify the three primary steps for developing a Business Continuity Plan.
- Identify special issues for continuing operations in a pandemic vs. other disasters.
- Describe the impact of nuclear testing on the population of Kazakhstan.
- Identify implications of Kazakhstan experience for contemporary response to nuclear incidents.
- Explore the spiritual issues for responders to a nuclear incident.

NEW THIS YEAR!!!

The Advanced Cognitive Behavioral Therapy (CBT) Clinical Workshop
Friday, July 13th

NOTE: The Advanced CBT Clinical Workshop on Friday is a special training session, open only to licensed mental health clinicians with a background in Cognitive Behavioral Therapy (CBT).

Registration will be limited to 75 individuals.

Clinical Workshop Faculty

Laura Gibson, Ph.D.

Clinical and Research Assistant Professor
University of Vermont

Dr. Gibson is a consultant for the National Center for PTSD. She was the invited co-chair of a working group convened by the National Institutes of Health in 2003 to create best practice guidelines for mental health interventions subsequent to mass violence and disasters. She is the co-author of a manualized treatment for prolonged post-disaster distress that is grounded in evidenced-based principles. She has trained and consulted with therapists on the implementation of the manual subsequent to both hurricanes and the 9/11/01 attacks.

Clinical Workshop Objectives

- Describe which client groups could potentially benefit from Cognitive Behavioral Therapy for post-disaster distress.
- Describe the "5 steps" of cognitive restructuring as taught in this intervention.
- Explain conditions under which the therapist and client would implement an "action plan."

Clinical Workshop Schedule

Friday, July 13, 2007

8:30-9:00	Registration and Check in
9:00-9:15	Introductions
9:15- 12:15	<i>Cognitive Behavioral Therapy for Post-Disaster Distress</i> Laura Gibson, Ph.D.
12:15-1:15	Lunch provided
1:15- 5:15	<i>CBT for Post-Disaster Distress (continued from morning session)</i> Turn in program evaluations and receive certificates
5:15-5:30	Turn in program evaluations and receive certificates