

20th ANNIVERSARY

Great Plains Disaster Behavioral Health Conference

July 29, 2022

Omaha, Nebraska
Embassy Suites Omaha
Downtown/Old Market

SPECIAL PRE-CONFERENCE TRAINING
for clinicians (psychologist, LIMHP, LMHP,
APRN, RN, MD)

July 28, 2022

**Treatment for
Post-Disaster Distress
with Dr. Jessica Hamblen**



You're invited

Our focus is learning how to recognize, prepare for, and respond to the psychological effects of disaster and mass casualty events.

WHO SHOULD ATTEND

All behavioral health providers and mental health professionals, nurses, emergency managers, disaster responders, public health officials, and clergy.

CONFERENCE OBJECTIVES

- Describe post-disaster distress and skills people can learn to manage it.
- Examine ways to manage acute stress and how a stress management program can be adapted and implemented to promote resilience.
- Learn the role hotlines serve during disasters and crises, including information about Nebraska 988.
- Discuss ethical considerations and challenges in providing behavioral health services, particularly after a disaster.

CONFERENCE SPEAKERS



JESSICA HAMBLEN, PhD
Associate Professor, Dept. of Psychiatry at the Geisel School of Medicine at Dartmouth; Deputy for Education, Dept. of Veterans Affairs National Center for PTSD



REBECCA WYSOSKE, MD
Assistant Professor, Dept. of Psychiatry at University of Nebraska Medical Center (UNMC)



CHRISTIAN BURGESS, MSW
Vibrant Emotional Health, Director, National Disaster Distress Hotline



CRAYTON JIROVSKY
MS Ed, LIMHP, LADC, NCC
Mental Health and Substance Abuse Therapist



SHERI DAWSON, RN
Director of the Division of Behavioral Health at the Nebraska Department of Health and Human Services (DHHS)



MICHELLE NUNEMAKER
System of Care Administrator, Nebraska Department of Health and Human Services (DHHS)

PRE-CONFERENCE AGENDA

(All times below are in Central Daylight Time)

THURSDAY, JULY 28, 2022

8:00 a.m.–8:30 a.m. • Registration

8:30 a.m.–4:30 p.m. • Cognitive Behavioral Therapy for Post-Disaster Distress • Dr. Jessica Hamblen

LUNCH PROVIDED • 1:00 p.m.–2:00 p.m.

CONFERENCE AGENDA

(All times below are in Central Daylight Time)

FRIDAY, JULY 29, 2022

8:30 a.m.–9:00 a.m. • Registration

9:00 a.m.–10:15 a.m. • **Building Client Resilience Using Skills from CBT for Post-Disaster Distress**

• Dr. Jessica Hamblen

10:15 a.m.–10:30 a.m. • **BREAK**

10:30 a.m.–11:45 a.m. • **Resilience - The WHOLE Picture**

• Dr. Rebecca Wyoske

11:45 a.m.–1:15 p.m. • **LUNCH BREAK**

1:15 p.m.–2:45 p.m. • **Resources for Post-Disaster Recovery and Across the U.S.: The Disaster Crisis Helpline and 988**

• Christian Burgess (1 hour)

• Sheri Dawson & Michelle Nunemaker (30 minutes)

2:45 p.m.–3:00 p.m. • **BREAK**

3:00 p.m.–4:00 p.m. • **Ethical Principles to Guide Human Service Professionals**

• Crayton Jirovsky

CONTINUING EDUCATION

Preconference: Approved for 6.5 continuing education credits for psychologists.*

Conference: Approved for 3.5 continuing education credits for psychologists across sessions in **orange**.*

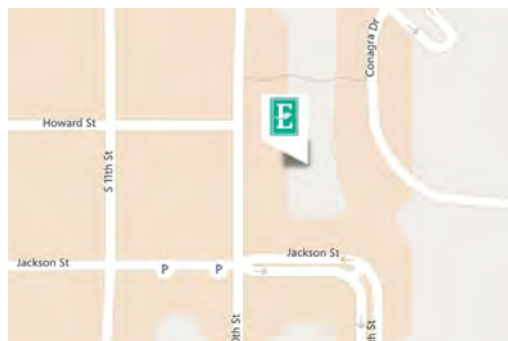
Credits will be awarded to participants who attend the entire training.

*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC sponsors this event and maintains responsibility for this program and its content.

LOCATION

Embassy Suites—Downtown/Old Market
555 S 10th Street, Omaha, NE 68102



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Healthcare Coalition

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N COUNSELING AND
PSYCHOLOGICAL SERVICES

REGISTER TODAY

PRE-CONFERENCE FEES:

\$175 (lunch provided)

CONFERENCE FEES:

\$100* (lunch not provided)

*scholarships available

REGISTER ONLINE:

go.unl.edu/registration_2022dbh

FOR MORE INFORMATION:

go.unl.edu/2022_dbhc

QUESTIONS? CONTACT:

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