

# Nebraska

## Disaster Behavioral Health Newsletter

### **Great Plains Disaster Behavioral Health Conference**

#### **Reaching Out to Responders: Stress First Aid**



The Great Plains Disaster Behavioral Health Conference is convening in **Omaha, Nebraska** on **July 26**. The conference is for behavioral health professionals, public health officials, nurses, clergy, emergency managers, and first responders to learn and recognize how to prepare for and respond to the psychological effects of disaster and mass casualties.

This year's conference consists of a full day training in "Stress First Aid." This training focuses on skills and techniques for serving first responders. It is appropriate for both licensed behavioral health professionals and for paraprofessional disaster behavioral health responders.

#### **Conference Objectives**

1. Describe the role of behavioral health professionals in working with responders.
2. Identify how behavioral health professionals and peers provide support to responders.
3. Discuss the ethical implications of providing Stress First Aid.
4. Explain the benefits of Stress First Aid in promoting community wellness.

[Visit the Conference Page](#)

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**Region V Systems, Great Plains  
ATAP, and the Public Policy Center  
Present Dr. John Nicoletti**

## **Mental Health Assessment and Management of Threatening Behaviors**

**April 18 (2019) - 8:30-5:00 PM**

College of Nursing Auditorium  
Lincoln, Nebraska



**Instructor:** John Nocoletti, Ph.D., ABPP, Board Certified Specialist in Police and Public Safety Psychology.

**Focus:** Youth and Adults. This 6.5-hour workshop will present guidelines for differentiating between mental health and substance abuse evaluations, wellness checks, fitness for duty, suicide and threat/risk management and techniques for matching the three areas of responsibility for behavioral health professionals in conducting threat assessment. Participants will identify how to balance duty to warn and protect and how to decrease the desire to engage in attack behavior. Documentation and due diligence paper trails will be featured.

**Objective:** to prepare mental health and substance abuse professionals to assess, manage, and respond to individuals who present with threatening behaviors.

**Who Should Attend:** Behavioral Health Professionals - Social Work, Mental Health, SUD, Case Management, Mobile Crisis Response, and Educators

**C.E's:** 6.5 hours APA, Substance Abuse, Criminogenic, and Mental Health

**Register for a Scholarship to attend this event for FREE.**

Scholarships are available to fully licensed behavioral health professionals who work with threat/risk assessment.

*Eligibility Criteria: Current Active LIMHP, LMHP, APRN-Psyche, Psychologists, Psychiatrists, and Social Work. Access the application for scholarships below:*

**APPLY NOW**

### **Are You Ready? A Guide for Disaster Planning for Clients and Staff**

Developed by the South Carolina Department of Mental Health, this state-specific disaster-planning guide can serve as a model for states who want to develop their own guides.



This guide includes personal emergency information forms that anyone can copy and

use. The guide also includes disaster planning advice and tips specifically for people with mental illness. (from the SAMHSA DTAC Bulletin).

[Read the Guide](#)



### Coming Soon:

One-day **Violence Risk Assessment workshops** for clinicians in Gering, NE (April 29), Kearney, NE (April 30), and Omaha, NE (May 1).

**Dr.'s Lynn Van Male and Mario Scalora** will lead the workshops, which will be free for licensed mental health clinicians.

## Upcoming Events

### Nebraska Threat Assessment and Crisis Training

**March 20 (2019) - 9:00 am - 3:30 pm**

ESU #3 - 6949 S 110th St, La Vista, NE 68128

This advanced training for K-12 school teams will focus on assessment challenges addressing emerging issues (extremism, social media, mental illness) and management strategies. The cost of the 1-day training is \$85 per person. Prerequisite: Completion of Threat Assessment Level 1. [Register today.](#)

### Threat Assessment in K-12 Education

**April 9-10 (2019) - Mullen, Nebraska [Register today.](#)**

**April 17-18 (2019) - Ogallala, Nebraska [Register today.](#)**

**9:00 am - 3:30 pm**

Education, Mental Health and Law Enforcement colleagues are invited to attend this two-day workshop introducing threat assessment in K-12 environments. Two workshops are offered in April through Nebraska's Educational Service Units.

### Psychological First Aid Training

**May 30 (2019) - 8:30 am - 5:00 pm**

Mid Plains Community College, North Campus - Room #206  
1101 Halligan Dr, North Platte, Nebraska

Psychological First Aid is an evidence-based supportive behavioral intervention to assist individuals in the aftermath of disaster and terrorism. PFA was built on the concept of human resilience, to help survivors in the immediate aftermath of a traumatic event, crisis, or natural disaster. [Register for the training](#) or email [Shannon Sell](#) for more information.

## Psychological First Aid Training of Trainers

**May 31 (2019) - 8:30 am - 5:00 pm**

Mid Plains Community College, North Campus - Room #206  
1101 Halligan Dr., North Platte, Nebraska

Psychological First Aid acknowledges the seriousness of the experiences of danger and the increased feelings of vulnerability that often follow the immediate aftermath of a traumatic event, crisis, or natural disaster. Trained facilitators will be able to provide PFA training in their communities to meet the needs of local citizens. [Register for the training](#) or email [Shannon Sell](#) for more information.

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If you would like us to publicize your disaster behavioral health related event, please email [shoffman3@unl.edu](mailto:shoffman3@unl.edu) by **May 28, 2019**.

### **Have Questions?**

Visit the Disaster Behavioral Health Website



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